

Instructions for Use:

- Wear a snug fitting cotton tee shirt under your Body Jacket; it will absorb perspiration, protect your skin and keep your Body Jacket clean.
- Wear your TLSO in the correct place. There is an indentation on both sides of the brace. The indented area fits into your waist just above your hip bones. Use this as a guide to help to position your brace correctly.
- Wear the TLSO as tight as possible; this will provide the most support to your spine and torso.
- TLSO's have a tendency to "ride up" on your body as the day progresses. You will need to adjust your brace during use to ensure proper positioning.
- When you remove your TLSO, check your skin for any red pressure areas. Any reddened area that does not fade after 20 minutes should be watched carefully and reported to us.
- Your physician will tell you if you need to wear your brace full time or only when you are not lying flat in bed. Ask your physician when you should wear your Body Jacket, and follow those instructions carefully.
- Do not become discouraged if you feel an adjustment is needed. This is not unusual. A minor adjustment might be needed to ensure a good fit. Call us if at anytime you feel an adjustment is needed.

Brace Hygiene:

Clean your Body Jacket at least once a week (preferably daily). Using soap and water, wipe out the inside of the brace and rinse thoroughly. Rubbing alcohol may also be used to clean the brace out if you prefer.

Your TLSO can be worn in the shower if you are required to wear it at all times. Following a shower the brace should be thoroughly dried before use.

Be sure to always wear a tee shirt under your TLSO. Change into a clean T-shirt each day and inspect your skin regularly for areas of redness caused by pressure.

Report any persistent skin issues to us as they arise. Usually there is a simple solution that will make you more comfortable.

