

Instructions For Use

To insure quality and to avoid any potential problems when using your device, please follow the daily wearing instructions listed below.

1. Follow the recommended wear schedule as closely as possible.
2. Inspect your skin daily while using this device. You will want to pay attention to red marks in the skin, particularly around any bony areas. All redness should begin to resolve itself within 30 minutes of removing the brace.
3. Clean the device often by wiping with a damp cloth, using a mild soap as necessary to clean soiled areas.
4. Inspect your device often for any unusual wear or damage. Report any concerns right away.
5. Keep all scheduled follow up visits to keep your brace operating and fitting correctly.

Wear Schedule

We recommend a conservative wearing schedule as you begin to get accustomed to the AFO.

Your wearing schedule will be as follows:

- Unless otherwise instructed, please use a gradual break in schedule to allow your body to get used to the device.
Start with 2-4 hours today.
- You may increase 1-2 hours per day as tolerated until you are able to wear your AFO all day.

Note: Do not increase your wearing time if you cannot tolerate. Only increase by 1-2 hours per day as tolerated.

